



# COLLABORATION & PLANNING RETREAT 2009

**Purpose:** To build on our collaborative relationships, set priorities for 2010 & celebrate our accomplishments

**Mission:** To develop leadership and build collaborative partnerships to educate our community on the effects of prenatal substance use and prevent Fetal Alcohol Spectrum Disorders.



# Agenda for the day

Welcome & Introductions

4Ps+ Update

Curriculum Update

Break 10:45-11:00

Martha's Place Update

Workgroups

Lunch 12:20-1:10

Celebration

Evaluation



**collaboration is everything**

By [sherylsevers.com](http://sherylsevers.com)

Mission: To develop leadership and build collaborative partnerships to educate our community on the effects of prenatal substance use and prevent Fetal Alcohol Spectrum Disorders.

## Best to Work With Others When . . .

- **You come from a place of strength and well being**
- **You have researched possible partners**
- **There is a common goal or outcome you all want to achieve**
- **Trust**
- **Time and commitment are respected and supported**
- **Turf is not an issue**
- **Leaders can make decisions on the spot**
- **Financial gain is not the driver**
- **It is OK when others do well**







# Introduction & Ice Breaker



Collaboration  
by kettleart.com

'You' (plural) in high school.

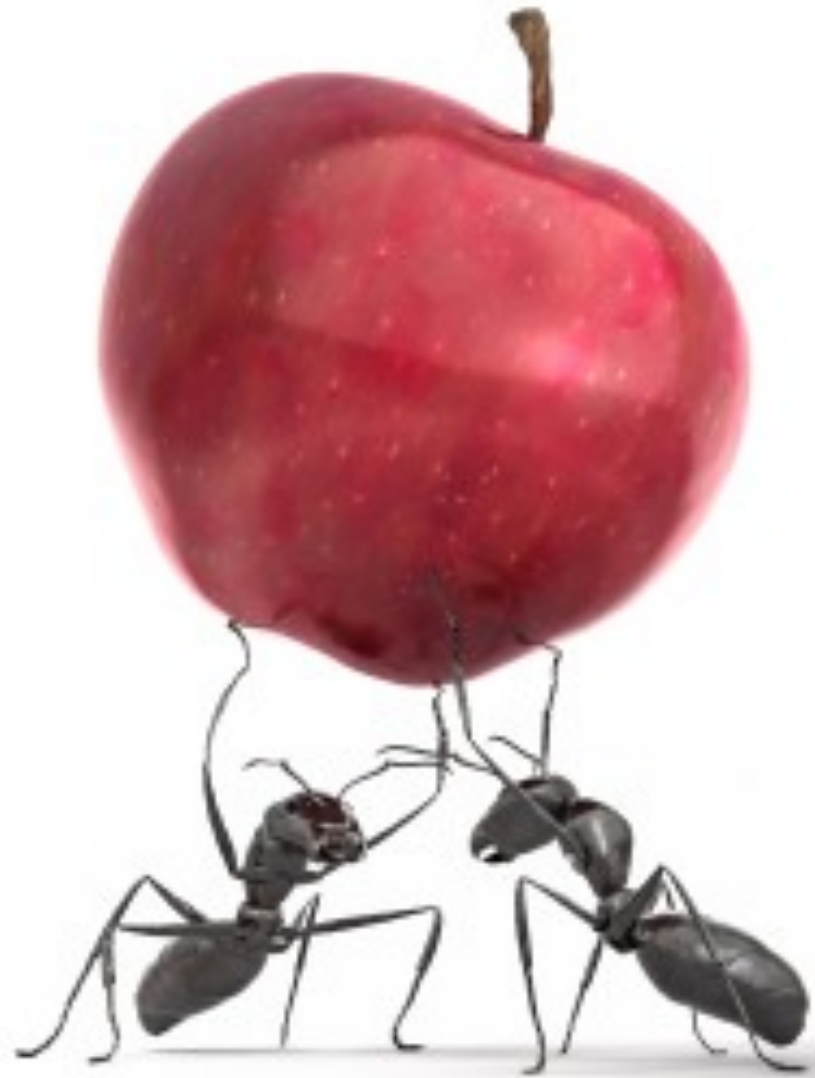


# COLLABORATION

Helps Build Friendships



Source [kolabora.com](http://kolabora.com)



Source [utsc.utoronto.ca.edu](http://utsc.utoronto.ca.edu)



Source [alibytes.com](http://alibytes.com)

# Collaboration

by S Rodriguez





Source: Exponent.com

## Web 2.0

a supposed second-generation of Internet-based services –

social networking sites, wikis, communication tools, and *folksonomies* –

that let people collaborate and share information online in ways previously unavailable.

(source Wikipedia)



What is web 2.0 Wikipedia

Definitions of Web 2.0

## Collaborating on Collaboration

By Gavin McLean on slideshare.com

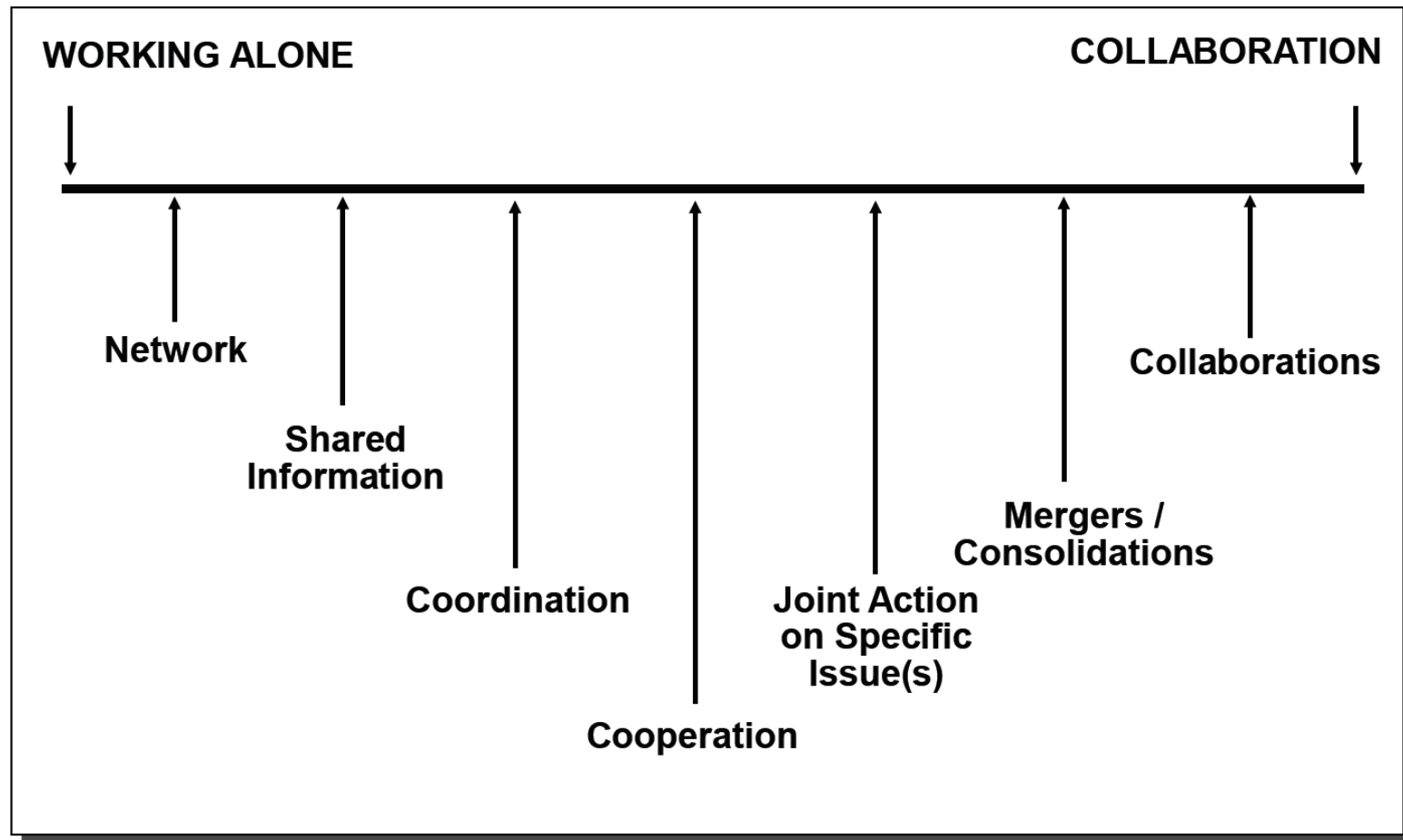




## FASD Day 2009

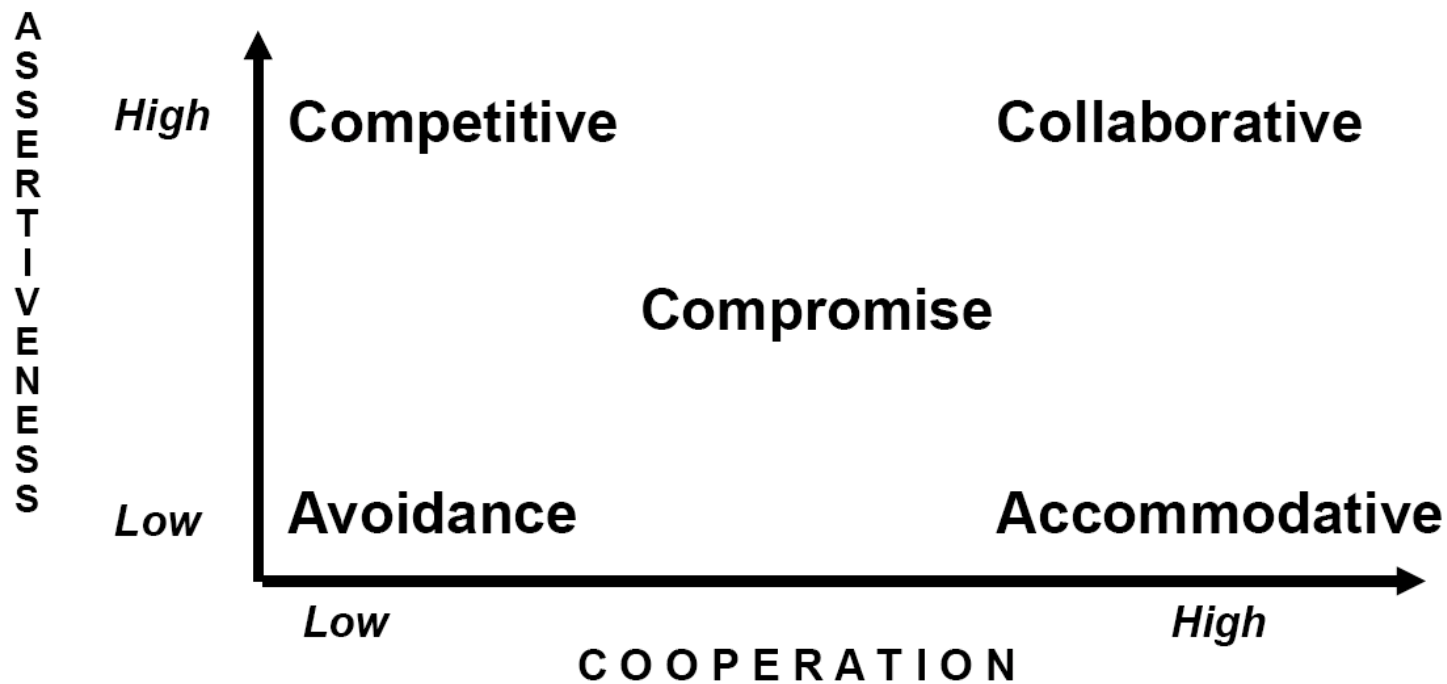
By Beginnings Collaborative

# Continuum of Working Together



# Collaboration Grid

Collaboration relies on maximum use of cooperation and assertiveness, and requires that all members feel satisfaction and value from their participation.



# Why we collaborate.



VISION: San Luis Obispo County is a community where every child is born free of the effects of prenatal exposure to alcohol, tobacco and other drugs.



www.mindbodygreen.com/101/101/101/



DEBATE Parenting & Pregnancy > Pregnancy



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# Are a few drinks during pregnancy OK?

RESULTS SO FAR:



Total: 445 votes



Click for your side

Top "Yes" Article

Top "No" Article

All 27 Articles

Why we collaborate...

# Pregnancy, alcohol use: Doctors can't agree; British scientist fuels debate; Many feel moderate drinking OK.

[Print](#)

Date: May 1, 2009

Words: 411

Publication: The Seattle Times (Seattle, WA)

ISSN: 0745-9696

Byline: Shari Roan; Los Angeles Times

A British scientist is criticizing doctors over the advice they give to pregnant women about drinking, saying pregnant women can make up their own minds about the risks.

[guardian.co.uk](#)

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## Women warned not to drink alcohol in first 3 months of pregnancy

- Glass of wine a week safe during later stages
- NHS watchdog overturns earlier guidelines

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[John Carvel](#), social affairs editor  
The Guardian, Wednesday 26 March 2008  
[Article history](#)

## CDC Features

[CDC Features](#)

### What Every Woman Should Know about Alcohol and Pregnancy



**When a pregnant woman drinks alcohol, so does her unborn baby. Read the 5 things every woman should know about drinking alcohol during pregnancy.**